

ABOUT US

Kirstyn J. Allen Consulting Group provides leadership and development training focused on resilience, self-awareness, and emotional intelligence to build confident executive and government leaders. Our signature methodology, The 3D Methodology, serves as the basis for guiding leaders to achieve their individual and organizational targets. We pride ourselves on being a data-driven company that partners with organizations to define and measure ROI and impact.

NAICS: 611430, 541611, 541612, 541614, 541618, 711510, 812990

Accepts Credit and Purchase Cards

DUNS: 127673880

DBA: Kay Allen Agency

PAST PERFORMANCE



Trailhead is a CDC and HRSA-funded public health agency. We developed a 6-module training series focusing on career and leadership development skills. This training was delivered to 95,000 end users through their federally funded programming.



CORE COMPETENCIES & WORKSHOP TOPICS

- Leadership and Professional Development Training
- Stress Management in the Workplace
- Emotional Intelligence
- Effective People Leadership
- Career Development Coaching
- Persuasive Presentation and Negotiation Training

SERVICES OFFERED

Keynotes | Breakout Sessions | Lunch and Learns | Workshops | 1:1 and Group Coaching | Full and Multi-day Training

KEY DIFFERENTIATORS

- Certified by the Association of Coaching (Foundation Coach)
- A collective of coaches and strategists with diverse areas of expertise to serve our clients
- A data-driven company that actively measures ROI and impact for clients.

Point of Contact: Kirstyn Allen, CEO

📍 Atlanta, GA (serving virtually)

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